

# NURSING

# VERPLEEGKUNDE

## WHAT IS NURSING SCIENCE?

Being a nurse means being part of the large team of professional workers dedicated to rendering health services to the community. It requires being prepared to understand, accept and trust people whose way of life, beliefs, values and culture may totally differ from one's own and to serve them and care for them with one's knowledge and personal aptitude. The name of the degree 'Curationis' means caring.

## SCHOOL SUBJECTS

English is a requirement. Mathematics, Physical Science, Biology or Physiology are recommended.

## TRAINING UNIVERSITY

The four-year BCur degree is offered at most universities. Clinical training at an approved training hospital and other training institutions is provided in addition to theoretical training.

## UNIVERSITY OF TECHNOLOGY

A four-year BTech degree, followed by the MTech and DTech degrees are offered at most universities of technology. Clinical training at an approved training hospital and other training institutions is provided in addition to the theoretical training. During the course, students are prepared for at least four career fields, namely:

## GENERAL NURSING

Caring for people with different needs in different situations, such as in hospitals, clinics and private practices.

## COMMUNITY NURSING

This is aimed at primary health. It includes the prevention of diseases and the promotion of health, the rendering of clinical nursing services and the rehabilitation of people in the general community.

## PSYCHIATRIC NURSING

The emphasis is on the mental health of individuals, families and the community.

## MIDWIFERY

In this field, the emphasis is on providing in the unique physical, psychic and mental needs of a woman and her baby within the family and the community.

## STATUS AS STUDENT NURSES

Students register with the South African Nursing Council as student nurses.

## CAREER OPPORTUNITIES

You can work in various hospitals and clinics in the community and also run a private nursing practice. The state and the private sector offer a wide variety of opportunities.

## FIELDS OF NURSING SPECIALISATION

General medical and surgical nursing, trauma-, theatre-, community nursing, psychiatric nursing, obstetric nursing, paediatric nursing, neonatal nursing, nursing management and nursing education.

## WAT IS VERPLEEGKUNDE?

Om 'n verpleegkundige te wees, beteken om deel te wees van die groot span professionele werkers wat hulle toewy aan gesondheidsdienslewering aan die gemeenskap. Dit vereis die bereidheid om mense, wie se lewenswyses, oortuigings, waardes en kultuur van jou eie verskil, te verstaan, te aanvaar en te vertrou, en met jou kennis en persoonlike aanleg te versorg en te dien. Die naam van die graad 'Curationis' beteken versorging.

## SKOOLVAKKE

Engels is 'n vereiste. Vakke soos Wiskunde, Natuur- en Skeikunde, Biologie of Fisiologie is 'n aanbeveling.

## OPLEIDING UNIVERSITEIT

Die vierjaar BCur graad word aangebied by die meeste universiteite. Kliniese leerervaring word in opleidingshospitale, klinieke en ander gemeenskapsfasiliteite opgedoen.

## UNIVERSITEIT VIR TEGNOLOGIE

Die vierjaar BTech graad, gevolg deur die MTech en DTech grade word by die meeste universiteite vir tegnologie aangebied. Kliniese leerervaring word in opleidingshospitale, klinieke en ander gemeenskapsfasiliteite opgedoen. Deur die loop van die kursus word die student vir minstens vier loopbaanrigtings voorberei, naamlik:

## ALGEMENE VERPLEEGKUNDE

Die verpleging van mense met verskillende behoeftes in verskillende situasies, soos in hospitale, klinieke en privaatpraktyke.

## GEMEENSKAPSVERPLEEGKUNDE

Dit is veral op primêre gesondheid toegespits. Dit sluit die voorkoming van siektes en die bevordering van gesondheid, die lewering van kliniese verpleegdienste en die rehabilitasie van mense in die breë gemeenskap in.

## PSIGIATRIESE VERPLEEGKUNDE

Die klem val op die geestesgesondheid van individue, gesinne en die gemeenskap.

## VERLOSKUNDIGE VERPLEEGKUNDE

Hier word daar gekonsentreer op die voorsiening in die unieke liggaamlike, psigiese, en geestelike behoeftes van 'n vrou en haar baba binne gesins- en gemeenskapsverband.

## STATUS AS STUDENTVERPLEEGKUNDIGE

Studente registreer by die Suid-Afrikaanse Raad vir Verpleging as studentverpleegkundige.

## LOOPBAANGELEENTHEDE

Jy kan by verskillende hospitale en klinieke in die gemeenskap werk asook 'n privaat verpleegpraktyk bedryf. Die staat en die privaatsektor bied 'n wye keuse van instansies.

## VERPLEEGSPESIALISVELDE

Algemene mediese- en chirurgiese verpleegkunde, trauma-, teater-, gemeenskaps-, psigiatriese-, verloskundige-, pediatriese, en neonatale verpleegkunde, verpleegbestuur en verpleegonderrig.

