

CHIROPRACTIC

CHIOPRAKTIES

CAREER INFORMATION

A chiropractor specialises in the diagnosis, treatment and management of Neuro-Musculo-Skeletal (NMS) conditions without using drugs or surgery. NMS conditions such as low back pain, neck tension and headaches, shoulder and arm pain, hip and leg pain, are among the most common problems afflicting people today. The main focus of the chiropractor is the relationship between the function of joints, muscles and the nervous system and the effects of these disorders. The management thereof includes the use of therapeutics, exercise programmes, patient education and lifestyle modification.

Chiropractors analyze patients' histories, conduct physical examinations and give treatment for illness and injury. Chiropractors treat patients primarily by manual manipulation or adjustment of part of the body, especially the spinal column. Different techniques of manipulative therapy such as acupuncture and ultrasound are used. They also prescribe diet, supports, exercise and rest. Chiropractors do not prescribe drugs or surgery.

ADMISSION REQUIREMENTS

Each institution has its own entrance requirements.

SCHOOL SUBJECTS

Mathematics, Biology and Physical Science.

TRAINING

UNIVERSITY OF TECHNOLOGY

This is a five-year MTech degree which requires a further one year practical experience.

EXPERIENTIAL TRAINING

From the fifth year you will have contact with patients. You will be required to complete a certain number of hours in a clinic and complete a specified training programme.

REGISTRATION

All students and qualified chiropractors must register with The Allied Health Professions Council of SA. Full registration will be granted after completion of a period of community service or internship as determined by the Council.

QUALIFICATIONS

MTech: Chiropractic

CAREER OPPORTUNITIES

Most newly qualified chiropractors will go into private practice on their own, or into partnership with existing practitioners or professionals from other health disciplines. Some may prefer to enter into an academic career at a University of Technology. Employment opportunities also exist in research and lecturing.

BEROEPSINLIGTING

'n Chiopraktisyn spesialiseer in die diagnose, behandeling en bestuur van Neuro-Muskulêre-Skeletale (NMS) toestande sonder die gebruik van medikasie of chirurgie. NMS-toestande soos lae rugpyn, nekspasma, hoofpyne, skouer- en armpyn, en pyn in die heup en bene, is van die mees algemene probleme wat mense vandag aantas. Die hoofokus van die chiopraktisyn is die verhouding tussen die funksie van gewigte, spiere en die sensuueestelsel en die invloed van hierdie ongesteldhede daarop. Die bestuur daarvan sluit die gebruik van terapie, oefenprogramme, pasiëntvoorigting en die aanpassing van lewenstyle in.

Chiopraktisyns ontleed pasiënte se geskiedenis van siektetoestande, doen fisiese ondersoeke en verskaf behandeling vir siektetoestande en beserings. Chiopraktisyns behandel pasiënte deur handelingse manipulering, of die herskikking van dele van die liggaam, veral die ruggraat. Verskillende tegnieke in manipulerende terapie soos akupunktuur en ultraklank word ingespan. Hulle skryf ook diëte, ondersteuningstutte, oefening en rus voor. Chiopraktisyns skryf nie medikasie of chirurgie voor nie.

TOELATINGSVEREISTES

Elke instansie het sy eie toelatingsvereistes.

SKOOLVAKKE

Wiskunde, Biologie en Wetenskap.

OPLEIDING

UNIVERSITEIT VIR TEGNOLOGIE

Hierdie is 'n vyfjaar MTech graad waarna daar 'n jaar aan praktiese ondervinding gewy word.

PRAKTIESE OPLEIDING

Kontak met pasiënte vind alreeds vanaf die 5de jaar plaas. Daar sal van jou verwag word om 'n sekere getal ure in 'n kliniek te voltooi asook 'n gespesifiseerde opleidingsprogram.

REGISTRASIE

Alle studente en gekwalifiseerde chiopraktisyns moet by The Allied Health Professions Council of SA registreer. Volle registrasie sal toegestaan word na voltooiing van 'n tydperk van gemeenskapsdiens of internskap, soos deur die Raad bepaal.

KWALIFIKASIES

MTech: Chiropraktyk

BEROEPSGELEENTHEDE

Die meeste nuut-gekwiliseerde chiopraktisyns open 'n private praktyk van hul eie, of gaan in vennootskap met bestaande praktisyns of professionele persone van ander gesondheidsdisiplines. Sommige verkies om 'n akademiese beroep by 'n Universiteit vir Tegnologie te volg. Beroepsmoontlikhede bestaan ook in navorsing en dosering.

